

Reflections.

FROM A BOARD ROOM MIRROR.

Prince Alexander of Teck, Chairman of the Weekly Board of the Middlesex Hospital, has received a letter from Mr. J. William Gifford, of Chard, stating his intention to present forty milligrammes of radium to the Cancer Research Laboratories of the Hospital. At current rates this quantity of radium, weighing approximately one-seventh hundredth part of an ounce, is worth about £600.

Lady Hardinge, of Penshurst, has sent from Government House, Calcutta, a large box of dolls and toys for the Christmas festivities in the Children's Ward of the Metropolitan Hospital. The box was accompanied by a charming letter in which, after referring to the great interest which, though so far away in India, she still takes in the admirable work of the Metropolitan Hospital, Lady Hardinge says, "Please tell the children that I think of them and wish all the patients 'A very happy Christmas.'"

A letter from India this week tells us that during her brief stay in Bombay Lady Hardinge found time to visit the Cama and Allbless Hospitals, and to express the greatest interest in all she saw.

At a meeting of the Board of Management of the West London Hospital, presided over by the Duke of Abercorn, Dr. H. J. F. Simson was elected Assistant Physician for Diseases of Women.

The National Food Reform Association are asking candidates for support in their efforts to combat the widespread physical degeneracy by securing the standardisation of bread; the passing of a Pure Milk Bill; the improvement of the teaching of cookery; legislation regarding patent medicines, etc.

At a recent meeting of the London County Council plans were passed for the rebuilding of a St. Pancras School at a cost of £20,000. A feature of the new school is to get a roof playground. We are getting on in spite of the reactionary attitude of some of the women members of the Council, who ought to be the first to sympathise with the children.

We commend to nurses—especially School Nurses—a pamphlet on "The Spread of Immorality Amongst Children," by the Rev. T. G. Cree, M.A., Hon. Secretary of the Church Penitentiary Association, and published by the Reformatory and Refuge Union, 117, Victoria Street, S.W., price 2d., or 1s. 4d. a dozen:

School Hygiene is a monthly review which might with great advantage be studied by educationists, and all those interested in the physical welfare of the young.

It is proposed to establish a hostel for senior medical students in connection with the Manchester Royal Infirmary, in order that they may have the opportunity of additional experience in the

management of accident and emergency cases only possible to students residing close to the hospital. A warden has been appointed, and it is proposed that the inclusive charge for board and lodging shall be 25s. a week. Nothing is being done for the benefit of women students, as usual.

The American Hospital of Paris, which is situated in the charming suburb of Neuilly, and is a model of its kind, and equipped with all the latest appliances, is already justifying its existence. Its primary object is to provide a place where an American living in Paris, or travelling, could be cared for, if taken ill, by doctors educated in American methods, and nurses speaking his own language, and its appeal is specially to strangers taken ill in hotels. The Lady Superintendent is Mrs. Dean, and the House Physician Dr. A. G. Breniger. There is no fixed charge, but patients occupying private wards are expected to make donations to the funds. There are also two free wards. The laundry arrangements are specially interesting. All the soiled linen is collected in canvas bags, which are subjected to dry heat and then to steam under pressure. After washing the linen is again sterilised by dry heat before ironing.

The Queen Victoria Memorial Hospital at Nice, of which their Majesties the King and Queen are Patrons, and which contains 50 beds for British subjects, without distinction of creed, stands on a fine site on Mont Boron. The President of the hospital, upon which £25,000 has been expended, is Sir George White, and the institution is at present free from debt, but liberal contributions are needed for the maintenance fund. The annexe for isolation cases was built by Sir Bernhard Samuelson, in memory of his father, and the nurses' wing by Mr. John Jaffé.

WELL DESERVED HONOURS.

Down Bros., Ltd., of St. Thomas's Street, London, have been awarded the Grand Prix (highest award) for surgical instruments and aseptic hospital furniture at the Buenos Aires Exhibition, 1910, as well as the Grand Prix (highest award) at the Brussels Exhibition, 1910.

OXO IN CUBES.

Oxo is always a favourite article of diet with nurses—in the ordinary form for their own use and as "Nursing Oxo" for their patients, and many will be glad to know that it can now be procured in cubes, in tins of six and twelve, one of which, at a cost of one penny, will make a breakfast cupful of delicious soup by the addition of boiling water. A disadvantage of a liquid preparation of beef is that there is a certain amount of waste, both because more is used than necessary and because some clings to the bottle. This is now entirely obviated. For night nurses there could be no more acceptable variation to the "hospital egg" so frequently served out for the midnight meal than a cube of Oxo, which can be prepared in a moment and is nutritious and invigorating.

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